

EUROPEAN DOWN SYNDROME ASSOCIATION

July - August 2017

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BREAKING NEWS FROM EDSA

Dear EDSA members.

our Annual EDSA-meeting and the conference on "Inclusive Education" will take place from Friday 10th November (12.00) to Sunday, 12(14.00 hrs).

It is also the 30th anniversary of the founding of EDSA, so we have to celebrate this fact as well!

For the 2 nights you have to spend in Dublin, Pat Clarke, who is our coordinator on the spot, has found out two hotels, where you might like to book a room. Both hotels are near the premises of Down Syndrome Ireland, where we shall meet.

(Address of DSI is: Unit 3, Park Way House, Western Parkway Business Park, Ballymount Drive, Dublin 12, D12HP70).

More about the Agenda of our meeting and the program of the conference will come as soon as possible.

Best regards,

Cora

Cora Halder EDSA secretariat

Here Pats' suggestions:

The **Louis Fitzgerald** can be booked via the website www.louisfitzgeraldhotel.com or by phone 003531 4033300

The **Red Cow Hotel** and the **Sheldon Park Hotel**: these hotels can be booked via the website https://hotsol.roomex.com/ or contact Michelle Thornton Hotel Solutions on – 01 6309211.



NEWS FROM EDSA MEMBERS



DOWN SENDROMU DERNEGI (TURKEY)

Dear all,

this month we are going to start an international awareness campaign . The title of the campaign is DOWN TO EARTH ROAD. It is a project that we can all take part in and successfully use in our countries . It started on 30th August so we need to be swift. (Sorry for late information but it was last minute application to us too.)

One of our volunteers, **Adem Colak**, who has a brother with Down Syndrome (Their photo is attached), is a motorbike driver and will drive from Istanbul to Nordkapp. He will visit 25 countries during his trip and we will make an awareness campaign using this trip. You can find the whole route at the bottom of the page. This trip will take almost 80 days.

These are the planned activities:

1-We are planning to hold meetings with people with Down syndrome of all ages and their families. (We need your support here)

2-Announcements will be made to reach out local motorbike drivers (or other drivers of any sort) to join his trip to accompany him for short spells, and we will ask them to share their photos and videos using the hashtag #Downtoearthroad or send them to us for sharing. (We need your support here)

3-He will put stickers of the project at the places he stops at, such as restaurants, hotels, etc.

4-He will take photos and short videos and ask 5 questions (see ahead) .

5-We will share the anectodes daily and will make a social media campaign as well as informing the national press and trying to get their attention. (You can do the same while he is in your country, you can even make a build up campaign since we will be following his journey)

6-At the end of the route, we will produce a short movie clip covering the trip. We thought that we can share that movie also in EU parliament in March.

7-We will continue the momentum until next year when he will make another trip to Asia. Meanwhile we keep motivating people to meet with people with Down Syndrome on their route and share with us whole year. In general it is



a year long project that starts with a trip to west and finishes with a trip to the east.

Questions for Videos: If have any suggestions about these questions feel free. :)

- 1 What is your name & what do you do? (Work, school etc)
- 2 What makes you happy?
- 3 What makes you sad?
- 4 What is your expectation for the future?
- 5 What do you want from your government/ EU parliament?

These questions can be adapted to the participant level. A child will not be able to answer nr5 for example, but he can say "I want to go to school with my friends". So you will need to adapt as necessary.

First part of campaign starts 30th of August and ends in 80 days but it will continue during 2018 in different ways as I mentioned above.

Countries on Adem's route: (Estimated arrival and leaving dates are . They may vary by road and weather conditions . Therefore we will keep in touch with you during the trip)

| COUNTRY | ARRIVAL | LEAVING |
|-------------|------------|------------|
| GREECE | 30.08.2017 | 01.09.2017 |
| ALBANIA | 01.09.2017 | 02.09.2017 |
| MACEDONIA | 02.09.2017 | 03.09.2017 |
| KOSOVO | 03.09.2017 | 03.09.2017 |
| MONTENEGRO | 03.09.2017 | 04.09.2017 |
| BOSNIA AND | | |
| HERZEGOVINA | 04.09.2017 | 07.09.2017 |
| CROATIA | 07.09.2017 | 08.09.2017 |
| SLOVENIA | 08.09.2017 | 09.09.2017 |
| ITALY | 09.09.2017 | 20.09.2017 |
| AUSTRIA | 20.09.2017 | 23.09.2017 |
| SWISS | 23.09.2017 | 30.09.2017 |



| GERMANY | 30.09.2017 | 03.10.2017 |
|----------------|------------|------------|
| DENMARK | 03.10.2017 | 04.10.2017 |
| SWEDEN | 04.10.2017 | 05.10.2017 |
| NORWAY | 05.10.2017 | 20.10.2017 |
| FINLAND | 20.10.2017 | 23.10.2017 |
| ESTONIA | 23.10.2017 | 24.10.2017 |
| LATVIA | 24.10.2017 | 25.10.2017 |
| LITHUANIAN | 25.10.2017 | 28.10.2017 |
| POLAND | 28.10.2017 | 04.11.2017 |
| CZECH REPUBLIC | 04.11.2017 | 05.11.2017 |
| SLOVAKIA | 05.11.2017 | 06.11.2017 |
| HUNGARY | 06.11.2017 | 09.11.2017 |
| ROMANIA | 09.11.2017 | 15.11.2017 |
| BULGARIA | 15.11.2017 | 15.11.2017 |

What are we asking to EDSA members?:)

If you are on the route:

- 1-Organising a meeting with Adem and 1-2 people with Down syndrome? We prefer the ones who have a good story behind, for example a married couple, an employee, a student in integration, an adult who lives with his friends or a self advocate. If possible, we prefer meeting in their home or his/her workplace but if not possible, it can be at your association.
- 2- Translating questions and answers from your language to English during that meeting.
- 3- Taking part in media campaign and re-posting our posts about the project by your social media accounts
- 4- Can you provide accomodation for Adem?
- 5-We may ask some additional logistic help if needed during the trip.
- 6-We will send the logo of the project to you, please put your own association's logo in the marked area on the design of project logo and print it as a sticker as much as you want. Please give some of them to ADEM and he can put stickers at the places he stops at such as restaurants, hotels, etc.



7-Please make a note for the people with Down Syndrome on the next stop, telling your wishes for them. And give it to ADEM. In that way we can make a good wishes chain between countries.

If you are not on the route:

Not all members are on his route. But even if you are not on the route you can still support the project.

- 1-Please follow our socail media accounts and share our posts with your community.
- 2- Motivate people in your country to meet with people with Down Syndrome when they are on the road for a trip and share with us whole year with #Downtoearthroad.

The main concept of the project is to create awareness and motivate others to meet with people with Down Syndrome . Therefore we ask from everybody: "If you are planning a trip for anytime to anywhere, please try to find someone with Down Syndrome on the road and talk with him/her and share your anectods and photos with the world by #Downtoearthroad."

Socail Media accounts will be as:

https://www.facebook.com/DownToEarthRoad/

Instagram: downtoearthroad

Twitter: DownToEarthRoad

Thank you

Best Regards,

Fulya Ekmen

Down Sendromu Dernegi

Vice President



NEWS FROM EDSA





As EDSA, one of our aims is to build bridges between families who have a child or a relative with Down syndrome and are living in different countries. We believe that exchanging experiences and see different cultures are a great possibility for all of us. Therefore we designed a website www.edsafamily.com and create a platform, called Family Exchange Programme (FEP).

About FEP Programme

The aim of that platform is to create a network between families who have a child with Down Syndrome. Families can visit and host each other in their homeland.

Once you become a member of the network you can offer a service to a family or free accommodation in your house etc. To families who want to visit your country. Same way you can see other families' offers and choose one of them. Please ask costs before deciding your visit. Families don't have to obtain free services like free tickets of city tours etc. Quality and kind of services are up to the hosting family. You may be a host or a visitor or both.

Your personal information will not be shared with third parties. But every membership has to be approved by member's local organization. Therefore when you want to become a member of this platform, your information will be shared with your national/local organization for approval and after your membership is confirmed, all information that you have provided will be seen by other members of the platform.

It is very easy to use the website.

- 1. You create an account by using "Sign Up" button
- 2. The account will allow your association to obtain the account security.



- 3. After approval, you can use the platform. Just "Sign In"!
- 4. You can create an invitation by using "Create Invitation" button or you can View Invitation by using "View Invitation" button
- 5. You can view all invitations or filter by using "Search" button
- 6. In the home page: When you scroll down you can see all countries in the programme and number of invitations related to that country.

We hope you will enjoy your journey through different cultures!



NEWS FROM THE PROJECT WITH EDSA MEMBERS IN THE CONSORTIUM

(AIPD, APPT21 AND DOWN ESPANA)



Valueable - website has been launched

Valueable - the European network of intellectual disability-friendly hospitality employers.

WHAT IS VALUEABLE?

Valueable is an international certification attesting that companies that have been awarded it belong to the European network of socially responsible hotels and restaurants, which offer opportunities of professional advancement to people with intellectual disabilities. Visit the website.

LIST OF MEMBERS

Are you planning your next holidays and would like to make them Valueable? Select hotels and restaurants which include people with intellectual disabilities within their workforce. View listet members in European countries.



PRIVATE FUNDING OPPORTUNITIES

BEL FOUNDATION



The Bel Foundation, created by the Bel Group and its reference shareholder Unibel, supports initiatives on behalf of children and teens, with a particular emphasis on food and dietary issues.

They are focus on 4 broad areas of action:

- Combatting child malnutrition
- Supporting subsistence farming and market garden programs
- Building infrastructures related directly to feeding children and teens
- Educating and raising awareness about the components of a healthy and balanced diet

Since the Foundation was established in 2008, more than 150 projects have been supported, which represents almost one and a half million euros in donations made to charitable organizations that act on behalf of children around the world. They are proud of their support for concrete and sustainable initiatives that help communities where the Bel Group is present. These charity projects go hand in glove with Bel's mission to bring smiles to families all over the world, and they reflect our commitment to share with the greatest number of people possible.

Read more: http://www.fondation-bel.org/index-en.html

Submit a project: http://www.fondation-bel.org/en/submit-a-project.html



MAKE THIS NEWSLETTER REALLY YOURS!

Have you got any news that we could publish in EDSA newsletter? Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

CONTACTS

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THE STAFF

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