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**WORLD DOWN SYNDROME DAY  
2019/POSTERCAMPAIGN FOR EDSA WEBSITE**

*A letter written by Cora Halder, EDSA secretariat, to all Edsa members.*

Dear Edsa Members,

on the occasion of the World Down-Syndrome Day 2019, we will have our poster campaign on the EDSA website like in the years before.

The theme of the poster campaign is: „**Leave no one behind**”

The basic requirement is that you show a person or people with Down syndrome in some way having the same opportunities as everyone else in your country. You might include children or adults.

The photo might show personal development, personal relationships, education, healthcare, work and livelihood, recreation and leisure or participation in public life. Exactly what you show on your photo is up to you.

We need two things from every member:

1. Photo > good quality, landscape format, space enough for the slogan
2. short text> about what the photo shows, in your own language and in english

You will find some examples in the attachments.

I am collecting your contributions from now on. Dead line: 20 february 2019

We start showing the first photo on march 1st.

And then every day up to 21st march. That means: altogether I need 21 photos with text.

If you have any questions please send an email to [halder.cora@t-online.de](mailto:halder.cora@t-online.de)

Photo and text please as soon as possible to: [halder.cora@t-online.de](mailto:halder.cora@t-online.de)



*The Laufclub 21 was founded in 2008. The goal was to give persons with Down syndrome an opportunity to train for marathons. Since then Laufclub 21 motivate and support people with DS who want to run and participate in big running events. Not to leave them behind, but to offer them a place among all the other runners in the world. With great success!*

I am eagerly waiting your contribution!

Kind regards

Cora

## World Down Syndrome Day Award – Nomination



### What does ENSEMBLES CITOYENS! do?

- They aim at fighting against all forms of discrimination.
- They take part in public debates, both locally and on the national scale.
- They co-organize events in order to raise awareness among their peers and in the community at large.
- They perform lobbying actions to promote the citizenship of people with intellectual disability.
- They have co-animating training sessions for various professionals (teachers, nurses, carers, social workers ...)
- They have taken part in university- or college courses to make students aware of the national role of people with DS and also to deliver information about Down-Syndrome.
- They have taken part in working sessions with the local and national authorities with a view to improving life of people with DS and guaranteeing the full exercise of their rights as citizens.



*The four members of the board*

EDSA supports the nomination of ENSEMBLES CITOYENS! Young adults with DS in France founded an own organization for promoting and defending the rights of people with an intellectual disability.

ENSEMBLE CITOYENS! has contributed to raising awareness among people with DS. They have contributed to and co-organized training seminars about self-determination, self-advocacy, peer-advocacy and peer support. They have developed peer support on a daily base (transport, domestic life, work, leisure activities etc.) At the moment they are engaged in the process of organizing a congress for french-speaking self-advocates (25-27 October 2019).

### **Self-advocates at work**

The members of the group have been able to develop the skills necessary for self-organization. They could write their own statutes and their charter. They have learnt how to work along collective and democratic lines. In terms of lobbying they have performed 20 actions (debates, conferences, radio broadcasts, videos, meetings, working sessions) over a 1-year-period. They have made 5 videos promoting their work

The creation of ENSEMBLE CITOYENS! as a self advocate association is both a personal and cultural experience. Each member could develop a certain number of individual skills. As a group they contribute to promoting the rights of all people with intellectual disability.

**More information about ENSEMBLE CITOYENS!**

<https://trisomie21-france.org>

<https://trisomie21-france.org/cest-ma-vie-je-la-choisis/>

### **Supporting the nomination**

EDSA strongly supports the nomination of ENSEMBLE CITOYENS! as being the first official association of adults with Down Syndrome in Europe. They are highly motivated self-advocates and a great role model for all other people with DS.



## **EU FUNDING OPPORTUNITIES**

### **How EU funding works**

#### **1. Find a funding opportunity**

To get funding for your project, you will need to identify a relevant call for proposals or projects ([https://ec.europa.eu/info/funding-tenders/how-eu-funding-works/how-get-funding/find-funding-opportunity\\_en](https://ec.europa.eu/info/funding-tenders/how-eu-funding-works/how-get-funding/find-funding-opportunity_en) ) and carefully follow the specific guidelines on how to apply. Your project will compete for funding with projects submitted by other applicants.

The funding is a direct financial contribution provided by the European Commission in support of projects or organisations which contribute to the implementation of an EU programme or policy.

#### **2. Find a partner**

Most EU-funded projects are collaborative projects with organisations from different EU countries or associated countries. Finding a partner can be done through a number of partner search services ([https://ec.europa.eu/info/funding-tenders/funding-opportunities/find-project-partner\\_en](https://ec.europa.eu/info/funding-tenders/funding-opportunities/find-project-partner_en) ).

#### **3. Application process**

Prepare your proposal by following the guidelines, criteria and requirements set out by the call you apply for.

#### **4. Eligibility and admissibility**

A proposal has to follow the eligibility and admissibility criteria ([https://ec.europa.eu/info/research-and-innovation/funding/how-apply/application-process\\_en#admissibility](https://ec.europa.eu/info/research-and-innovation/funding/how-apply/application-process_en#admissibility) ) set out in the call for proposals guidelines.

#### 5. Evaluation

Each project proposal is evaluated and analysed before a request for funding is granted.

#### 6. Signing an agreement and receiving a grant

If your project proposal is accepted for funding, then the next stage is to sign a grant agreement.

#### 7. Managing a project

There are various steps and actions to take when you are awarded with a grant.

Once a grant agreement has been made, the project has to be carefully managed until completion. Nevertheless the European Commission can guide you through this with templates and deadlines to follow during the project duration.

Read more: <https://publications.europa.eu/en/publication-detail/-/publication/7d72330a-7020-11e7-b2f2-01aa75ed71a1>

## WDSO 2019/ EUROPEAN FLASH MOB ON 21 MARCH 2019



On the World Down Syndrome Day 2019 all DS-associations and DS-groups are invited to take part in a European Flash Mob Action. The slogan is: #citizenlikeyou and matches the universal theme of the this year WDSO: Leave no one behind. The Italian AIPD organized flash mobs to other occasions, with great success. And also prepared this #citizenlikeyou flash mob for the 21st march.

The idea is to have as many groups as possible dancing this flash mob at the same time on Thursday, the 21st March 2019. To draw attention to people with Down Syndrome, "citizens like you".

### **EDSA Flash mob Instructions**

Date 21/3/2019 at 4 p.m.

#### **Place:**

Choose significant places (in front of an institutional location) with strong pedestrian traffic.

Each member must communicate the place to Cora Halder (halder.cora@t-online.de) in order to publish it on EDSA web site and advertise it through their own media and social channels referring to the contemporary realization in Europe.

#### **Objective:**

draw attention to the presence of people with Ds and their right to be recognized as citizens like everyone else.

The hashtag is: "#citizenlikeyou"

**Methods and tools** (watch the video <https://youtu.be/ZbV6-oDG-E> to detect the different movements):

Each group must have equipment to broadcast the music and posters necessary for the final reproduction of the hashtag

The group should include a strong presence of people with Ds, but also friends, family, etc..

It is useful that in front of the group there is a person who shows and guides the movements.

The flash mob starts with music to attract people. Participants reach the place in scattered order or in a row and arrange themselves on multiple rows. All movements recall the theme. When you shake hands, try to shake the hands of passers-by.

The movements are:

- Clap hands
- Indicate (indicating first yourself and then the others)
- Shake hands
- Clap your hands in the air
- Indicate by making a quarter turn on yourself until making two complete turns.
- Compose the final writing (in the video you can only see the first letters but the entire writing must be composed. If there are many of you, some with posters in their hands can stand already in the background and then advance in the final)

You can follow the video minutes to identify where to change the movement or simply alternate them to the rhythm as long as it ends with the hashtag

The flash mob ends with the reproduction of the hashtag in your own language, followed by a final poster with the hashtag in English.

Take pictures and videos also with mobile phones and spread them immediately.

**Music:**

- The song "U Are Cool (long vers.)" is offered free of charge by Philip Abussi of Mokamusic <https://soundcloud.com/philip-abussi/electronic-dancing-u-r-cool?in=philip-abussi/sets/catalogue>

## MAKE THIS NEWSLETTER REALLY YOURS!

Have you got any news that we could publish in EDSA newsletter?  
Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

### CONTACTS

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