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### EDSA WEBINAR



#### **Mathematics for learners with Down syndrome – strategies for successful learning across the lifespan.**

Speaker: Associate Professor Rhonda Faragher, PhD, University of Queensland, Australia

Date: Wednesday, 26 May 2021, 12.00 p.m. CET per Zoom.

Registration: [https://us02web.zoom.us/webinar/register/WN\\_LywjboU\\_SayG1g66QkHM4g](https://us02web.zoom.us/webinar/register/WN_LywjboU_SayG1g66QkHM4g)

This presentation gives an overview of learning mathematics by students with Down syndrome from the early years to adulthood. Common challenges and strategies to work around them will be presented.

#### **BIOGRAPHY**



Rhonda Faragher (PhD) is an Associate Professor of Inclusive Education at the University of Queensland and Director of the Down Syndrome Research Program

within the Faculty of Humanities and Social Sciences. As a secondary mathematics teacher by background, Rhonda has always had an interest in assisting everyone, including those with Down syndrome, to learn to love mathematics and to appreciate its power for their lives.

She is a trustee of Down Syndrome International, a Fellow of the International Association for the Scientific Study of Intellectual and Developmental Disability and a Senior Fellow of the Higher Education Academy. She has received a number of awards for her work including a Commonwealth of Australia Endeavour Executive Award, the Vice-Chancellor's medal for Mission Excellence and in 2020 she was the recipient of The University of Queensland Award for Excellence in Community, Diversity and Inclusion.

Rhonda has an adult daughter with Down syndrome.

## PARTICIPATION OF EDSA MEMBERS IN EU PROJECTS



March/April 2021 we have sent to all EDSA members a questionnaire about experiences with international projects. We wanted to know, which associations are involved in EU-projects and which organizations do not have experience in this field.

I have been collecting the answers and – with quite a lot of reminders! – I had 33 questionnaires back. Thanks to all who participated.

Short summary with the results:

20 associations were never involved in EU projects. (or not in the past 5 years)

That were: Italy (CoorDown), Austria, CzechRep, Germany, Norway, Iceland, Ireland, Denmark, Sweden, Switzerland (all 3 associations), Ukraine, Russia, France (AFRT), Netherlands, Poland, Bosnia, Albania, Spain (FCSD)

13 associations were partner and/or leader in EU projects:

Slovenia, Malta, Spain (Down Espagna, Asnimo), Italy (AIPD), Turkey, Hungary, Portugal (APPT21), Croatia, Romania, Luxemburg, Slovakia, Kosovo,

The most project-experienced EDSA members were:

Italy/AIPD with 11 projects, Turkey with 9 projects and Romania with 8 projects.

Unfortunately the following 8 members did not answer: Belgium, Greece, Hungary (Alapitvany), Macedonia, Portugal (PAIS21) Scotland, UK (DownsEd) and France (Trisomie 21).

Some members wrote that even though they never participated in projects, this did not mean that they were not interested. Mostly they did not know, how to manage such a project.

That is the reason why EDSA board just decided to give some start-support!

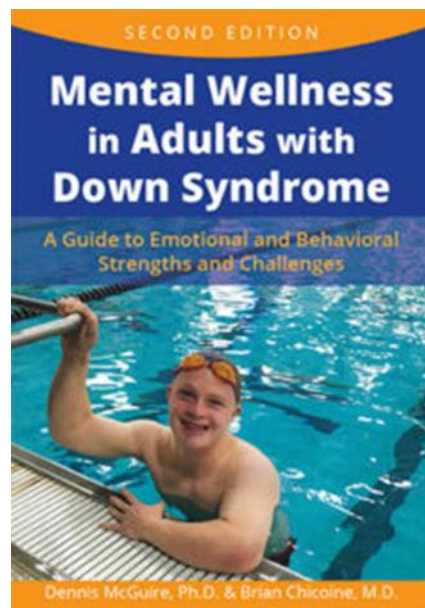
### **Webinar for EDSA members about the new Erasmus + opportunity, entitled SMALL SCALE PARTNERSHIPS**

During the webinar a recent Erasmus + call will be illustrated. It is specifically addressed to those organisations which have no or little experience in introducing applications to get funding from the European Commission. Its name is: "Small - scale partnerships".

Regards,

Cora Halder

## NEW EDITION: MENTAL WELLNESS IN ADULTS WITH DOWN SYNDROME



### **A Guide to Emotional and Behavioral Strengths and Challenges.**

This thoroughly updated second edition of **Mental Wellness in Adults with Down Syndrome** is upbeat and accessible in tone, yet encyclopedic in scope. The size of the book reflects both the breadth of the authors' knowledge—acquired as cofounders of the first medical clinic dedicated solely to the care of adults with Down syndrome—and the number of psychosocial issues and mental disorders that can affect people with Down syndrome. It's the go-to guide for parents, health practitioners, and caregivers who support teens and adults with Down syndrome.

**Mental Wellness** emphasizes that understanding and appreciating both the strengths *and* challenges of people with Down syndrome is the key to promoting good mental health. It shows readers how to distinguish between bona fide mental health issues and common characteristics of Down syndrome—quirks or coping strategies. For example, although talking to oneself *can* be a sign of psychosis, many adults with Down syndrome use self-talk as an effective problem-solving strategy.

**The second edition** includes new chapters on sensory issues (written by Dr. Katie Frank) and regression, expanded and now separate chapters on communication, concrete thinking, and visual memory, and an extensively updated chapter on Alzheimer's disease citing abundant new research. Other chapters cover a range of conditions and assessment and treatment options:

- What Is Normal?
- Self-Esteem & Self-Image
- Self-Talk
- Grooves & Flexibility
- Life-Span Issues

- Social Skills
- Mood & Anxiety Disorders
- Obsessive-Compulsive Disorder
- Psychotic Disorders
- Eating Refusal
- Challenging Behavior
- Self-Injurious Behavior
- Autism
- Tics, Tourette Syndrome & Stereotypies

**Written by Dennis McGuire, Ph.D. & Brian Chicoine, M.D.**

In 1992, Dennis McGuire, PhD, and Brian Chicoine, MD, founded the Adult Down Syndrome Center of Lutheran General Hospital in suburban Chicago. The Center, now a part of Advocate Aurora Health, has served over 6,000 adults with Down syndrome since its inception.

**Mental Wellness in Adults with Down Syndrom**

Written by Dennis McGuire, Ph.D. & Brian Chicoine, M.D.

Second Edition / Woodbine House / isbn 978-1-60613-285-2 / 2021 / Paperback / 7" x 10" / 466 pages /

*Source of the above text:*

<https://www.woodbinehouse.com/product/mental-wellness-in-adults-with-down-syndrome-a-guide-to-emotional-and-behavioral-strengths-and-challenges/>

*Also by Dennis McGuire & Brian Chicoine:*

[The Guide to Good Health for Teens & Adults with Down Syndrome](#)

# GLOBAL MEDICAL CARE GUIDELINES FOR ADULTS WITH DOWN SYNDROME



The GLOBAL Medical Care Guidelines for Adults with Down Syndrome provide first of-kind, evidence-based medical recommendations to support clinicians in their care of adults with Down syndrome.

This life-changing resource as published in JAMA covers 9 topic areas deemed critically important for the health and well-being of adults with Down syndrome and outlines critical future research needs.

Adults with Down syndrome and their caregivers should review the GLOBAL Guidelines with their clinicians to ensure they are receiving care meeting best-practice standards for adults with Down syndrome!

## About this clinical practice guideline



This clinical practice guideline focuses on people with Down syndrome due to Trisomy 21, not partial translocation or mosaicism, as even less literature and expertise exist for these latter two subgroups. The biggest challenges for guideline development relate to their intended scope, breadth and depth, and lack of evidence. Down syndrome is not itself a disease, but rather a complex genetic condition involving every major organ-system and life-stage experience. Thus, comprehensive adult guidelines would need to address all concerns and involve every major organ-system.

The first set of key questions addressed by the GLOBAL Workgroup does not cover all systems, all questions, or all health conditions. In this first iteration, the topic areas covered are:

- Behavior
- Dementia

- Diabetes
- Cardiovascular Disease
- Obesity
- Atlantoaxial Instability
- Osteoporosis
- Thyroid
- Celiac Disease...

All further information on the guidelines, a checklist and a PDF of the full guidelines can be found at: <https://www.globaldownsyndrome.org/global-adult-guidelines/>

## EU FUNDING OPPORTUNITIES



### **Deadline extension due to technical issues – Erasmus Mundus, KA2 Sport Actions and Cooperation Partnerships submitted by European NGOs**

**Published:** 04/05/2021

Due to technical issues, the submission deadlines for the following actions managed by the European Education and Culture Executive Agency (EACEA) have been postponed to the following new dates:

#### **Cooperation partnerships submitted by European NGOs in the fields of education and training**

(Call ID: ERASMUS-EDU-2021-PCOOP-ENGO)

**Deadline:** 15 June, 17.00 Brussels time

#### **Cooperation partnerships submitted by European NGOs in the field of youth**

(Call ID: ERASMUS-YOUTH-2021-PCOOP-ENGO)

**Deadline:** 15 June, 17.00 Brussels time

#### **Cooperation partnerships in the field of Sport**

(Call ID: ERASMUS-SPORT-2021-SCP)

**Deadline:** 17 June, 17.00 Brussels time

#### **Small- scale partnerships in the field of Sport**

(Call ID: ERASMUS-SPORT-2021-SSCP)

**Deadline:** 17 June, 17.00 Brussels time

#### **Non-for profit Sport Events**

(Call ID: ERASMUS-SPORT-2021-SNCESE)

**Deadline:** 17 June, 17.00 Brussels time

#### **Erasmus Mundus Joint Masters**

(Call ID: ERASMUS-EDU-2021-PEX-EMJM-MOB)

**Deadline:** 17 June, 17.00 Brussels time

#### **Erasmus Mundus Joint Master Design Measures**

(Call ID: all ID: ERASMUS-EDU-2021-EMJM-DESIGN)

**Deadline:** 17 June, 17.00 Brussels time

For more information and for submitting applications, please refer to the relevant space for each of action in the [Funding and Tender Opportunities Portal](#).





## EUROPEAN SOLIDARITY CORPS

*The article below illustrates the call promoted by the European Commission in the framework of the European Solidarity Corps programme. EDSA members could apply and take the opportunity to host young European volunteers in their organisations to support activities and projects.*

### **European Solidarity Corps**

#### **The power of together**

Your organisation may be eligible to apply for European Solidarity Corps funding to develop projects for the good of communities and society as a whole. We work with a wide range of organisations active in areas including:

- encouraging democratic participation
- fighting social exclusion
- protecting nature
- promoting health and wellbeing
- promoting education and training
- working with migrant communities.

If your project gets approved, you will have access to a pool of motivated young people between 18 and 30 years old on the European Solidarity Corps portal. Your organisation will be able to advertise opportunities or search and get in touch with potential participants.

European Solidarity Corps funding has several advantages for your organisation. It can:

- enable you to do more
- help you tap into the skills and enthusiasm of highly motivated young people
- enable you to create links with young people by offering them a meaningful learning experience
- bring fresh ideas into your organisation's day-to-day work
- forge stronger links with the local community.

European Solidarity Corps can support:

Volunteering strand

- *Volunteering activities*
  - Individual
  - In teams
  - Volunteering teams in high-priority areas
- *Solidarity Projects*

### **2021 call**

The 2021 call for project proposals has been published. Please consult the documents and tools provided below.

### **Notice in the Official Journal of the European Union**

[CALL FOR PROPOSALS 2021 — EAC/A02/2021 European Solidarity Corps \(2021/C 132/06\)](#)

### **European Solidarity Corps Programme Guide for 2021**

The [European Solidarity Corps Guide 2021](#) is essential reading for anyone interested in applying. It details the conditions governing the projects you can apply for under the general call for proposals.

<b>Activity type</b>	<b>Deadline</b>	<b>Where to apply</b>
Volunteering projects	28 May 2021 5 October 2021	National Agency
Volunteer teams in high-priority areas	5 October 2021	European Education and Culture Agency
Solidarity Projects	28 May 2021 5 October 2021	National Agency

Applications for the quality label for solidarity volunteering can be submitted on a continuous basis.

Deadline for applications for the quality label for humanitarian aid volunteering is 22 September.

### **Application procedure**

For the **decentralised** activities managed by National Agencies please apply using the [Erasmus+ and European Solidarity Corps page](#).

You can find model application forms for information and preparation purposes here: [Call 2021 Quality Label \(ESC 50\) sample](#), [Call 2021 Volunteering projects \(ESC 51\) sample](#), [Call 2021 Solidarity projects \(ESC 30\) sample](#)

For the **centralised** activities managed by the European Education and Culture Executive Agency information about the application forms and selection procedure will be available on the EACEA's website and [Funding & tender opportunities portal](#).

### **Registering your organisation**

1. First you need to obtain a valid EU login. The EU Login Authentication Service authenticates users of various Commission information systems (see the [user guide](#) for details).
2. Identify where to register. Is the activity for which you want to apply managed by the [European Education and Culture Executive Agency](#) or by a [National Agency](#)? See the [Registration of organisations](#) for more information.

## MAKE THIS NEWSLETTER REALLY YOURS!

Have you got any news that we could publish in EDSA newsletter?  
Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

### CONTACTS

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