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Dear members,

Our AGA will be held on Saturday 12 November! 10.00 - 12.30 hr CET
We hope that a lot of our EDSA members can participate. You can register from now on.

Registration link

<https://forms.gle/k4bJxgzcyuX1Fw6M8>

Zoom Link:

Topic: EDSA AGA 2022

Time: Nov 12, 2022 10:00h CET

Join Zoom Meeting

<https://us02web.zoom.us/j/5704554298>

Meeting ID: 570 455 4298

Presentations from members

You have the possibility to present an interesting project from your organization that you would like to share with others. Please write to me if you are planning a presentation and I can give you details.

First proposal Agenda:

1. Welcome of the President
2. Discussion of the minutes of the previous AGA
3. The President's report
4. The Treasurer's report
5. Statute change / address - Belgian court
6. Status - projects, activities
7. Members projects and activities report
8. Miscellaneous

Have a nice day.

Cora

EDSA SOCIAL MEDIA POSTING



EUROPEAN DOWN SYNDROME ASSOCIATION

Dear members,

We are starting a new planning in our social media content. We will prepare content on a specific theme every month.

We ask you to send your content on a topic that we will forward to you every month.

This month's theme is World Down Syndrome Awareness Month. Thanks in advance for your content suggestions.

Please send your contribution to: selcan@downturkiye.org

Best Regards,

Selcan Kılıç

EDSA Social Media Group



NEWS FROM ONE PROJECT WITH EDSA MEMBERS AS PARTNERS



Sustainable Service in DS, a European training project to improve the social inclusion of persons with Down syndrome through their active participation in achieving the Sustainable Development Goals.

The project, *“Involving persons with Down syndrome in the implementation of sustainable development goals through service learning”* (Sustainable Service in DS), has been funded within the Erasmus+ program of the European Union, has the main objective of creating a training program for improving the social inclusion of Persons with Down Syndrome by increasing their competences to become active actors of change in the implementation of the Sustainable Development Goals settled by United Nations. To achieve that, we have applied and developed the main principles of action-oriented learning by including Service-Learning as the methodology that guides the learning process.

To achieve this objective, over almost two years, the different partners that make up this consortium have been working on developing the following results:

1. A training scheme developed with the direct participation of Persons with Down Syndrome and other End Users.
2. A set of training activities for trainers based on the Service-Learning methodology.
3. A set of Training Materials to be used by trainees along the implementation of the training or learning activities.
4. A multilingual e-Training Platform for enhancing the training process.
5. A Transnational Training/Learning Activity, during 5 days in Valencia, Spain, for trainees with Down Syndrome and other intellectual disabilities aiming to empower, to acknowledge and open new perspectives for them.

Between the months of June and September 2022, different validation pilot training courses have been developed by partners in Romania, Croatia, Portugal and Spain engaging more than 120 trainees and experts. In these pilot courses, trainees have been able to test the training materials, the training activities and the e-training platform, providing us with extremely valuable information about the potential improvements that we can implement before the project ends on the 31st of October 2022.

For more information about this project please visit, <https://sustainable-service-in-ds.eu/>

To read the full article please click on this link: [Technical-Article SSinDS full-version EN.pdf \(sustainableserviceinds.eu\)](https://sustainableserviceinds.eu/Technical-Article_SSinDS_full-version_EN.pdf)

The Sustainable Service in DS Consortium.

Maria Liana Vislan

Asociatia Langdon Down Oltenia (Romania)



NEWS FROM EDSA MEMBERS

CHOSEN ASSOCIATION ROMANDE TRISOMIE 21 (ART21) – SWITZERLAND



It is in your hands to make a difference

Nelson Mandela

Hands together for these delightful tote bags designed to raise awareness of Down syndrome in Switzerland!



A Geneva H&M store has chosen Association Romande Trisomie 21 (ART21) for their MyStore project, meaning ART21 will get high visibility and the opportunity to fundraise for the next year. Two ART21 members (Marcia and Ruth) asked people living with Down syndrome in Switzerland to graciously send in their beautiful multicoloured hand prints, so that Jillian (another ART21 member) could create the bags' lovely 'hands in heart' design.

The fairtrade bags were launched on 21 September 2022 at H&M Balexert (one of Switzerland's largest shopping centres). There were ART21 balloons, games and many ART21 mums and dads who lent a hand, attracting the general public to join in the festivities, discuss Down syndrome and purchase bags.

A highlight was a live performance by the talented Irish singer-song writer, Eoghan O'Sullivan, who performed ART21's favourite song: 'Moi Aussi'. This translates to 'Me as well' and is a very catchy song that sings about inclusion, with lines like 'I'm like you' and 'you're like me'.

What's more, the 'Moi Aussi' song now comes with a teachers' toolkit (<https://www.moiaussi.org/chanson/>) so that French-speaking schools or creches can use it for free and teach about inclusion. And, watch this space!: 'Moi Aussi' have just announced that they are working on an English version too!

Hand in hand these projects are promoting inclusion to make a difference. If you are in Geneva over the coming year, don't forget to pop into H&M Balxert to buy a bag!

Jillian Reichenbach Ott





HEALTHY LIFESTYLE & SPORTS

Research has shown that being physically active improves our mood, our productivity, our enjoyment of other activities and our physical health, thus reducing the chance of developing other health conditions such as type 2 diabetes.

Recent times have shown us the importance of striving to improve our overall health, including our mental, physical and social health.

Leading a healthy lifestyle, based around physical activity, a balanced diet and looking after our mental health, will improve every area of our lives.

Details In The Link:

<https://www.downs-syndrome.org.uk/.../healthy-lifestyle.../>





International Day of Sign Languages, Friday 23 September

For International Day of Sign Languages (Friday 23 September) DSI stand with the World Federation of the Deaf in our dream of building inclusive communities for all.

Sign language is a form of Augmentative and Alternative Communication (AAC). AAC helps people who don't speak with their mouths to communicate. Many people with Down syndrome use AAC to communicate.

DSI haS created a [video \(watch via YouTube\)](#) to show the ways we communicate and how to make sure everyone is included. **DSI would be very grateful if you would share their video with your followers by email or social media.**

They are taking this opportunity to promote the Listen Include Respect guidelines which includes information about inclusive communication.

Further information:

<https://www.listenincluderespect.com/communication>

Down Syndrome International

Website: www.ds-int.org

PRIVATE FUNDING OPPORTUNITIES

FORD FOUNDATION



FORD
FOUNDATION

Ford Foundation believes that justice begins where inequality ends.

They support organizations that address the underlying drivers of inequality and align with their programmatic work around the world.

Every year, they award roughly [1,500 grants](#) to institutions with transformative ideas and scalable solutions with the aim of achieving the greatest impact.

They also award a limited number of grants to individuals, primarily through nomination for their fellowships, building on their legacy of investing in leaders.

While the majority of their grants are identified by the foundation, they welcome proposals that fit within their lines of work.

Each [program](#) has its own strategy and comprehensive selection process.

They aim to be as clear as possible about their priorities, but they know that there are more worthy ideas, approaches, and organizations than they have the resources to fund.

Read more: <https://www.fordfoundation.org/work/our-grants/>

MAKE THIS NEWSLETTER REALLY YOURS!

Have you got any news that we could publish in EDSA newsletter?
Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

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THE STAFF

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