

# **EUROPEAN DOWN SYNDROME ASSOCIATION**

**November 2022** 

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# **NEWS FROM THE WORLD**



ALBUFEIRA, ALGARVE. PORTUGAL

15 October - 23 October 2022

23 Countries participated in the 10th World Down Syndrome Swimming & Artistic Championships. There were 163 swimmers and 25 artistic swimmers. The event was organized by the National Swimming Federation of Portugal (FPN: https://fpnatacao.pt/). Livestreaming for the entire event took place. Congratulations to FPN LOC for giving DSISO a first class event.

The standard of swimming continues to improve with each championship. Swimmers improving on starts, turns and finishes. Great Britain entered the biggest team of 30; followed by USA – 23 and Canada next with 14 swimmers.

This year there were the biggest number of artistic swimmers participating – 25 swimmers from 5 Countries. Argentina, Italy, Mexico, Poland & USA.

Read more



# NEWS FROM THE PROJECTS WITH EDSA MEMBERS IN THE PARTERNSHIP



## THE IMPORTANCE OF WORDS

Have you ever thought about how much weight words have in the way you see reality?

Language, like the way we see the world, is something that is constantly changing and it is important to pay attention to how this affects our thinking and attitude towards others.

If we wish to have a more inclusive society, it is important to train the mind for more inclusive terminology as well.

It is not always easy to know what is 'correct' to use, especially in the area of disabilities.

Fortunately, guidelines have been created to help us understand some terms and know how to use them properly.

## https://ncdj.org/style-guide/

The guide was developed by the National Center on Disability and Journalism at Arizona State University's Walter Cronkite School of Journalism and Mass Communication and was last updated in the summer of 2021. The guide is available in different languages.

Another important topic in the language field is the people/person-first language approach.

Person-first language is often considered the most respectful way to talk about disabilities and differences. It places the focus on the individual. For example, someone might say, "they're ADHD" to describe a child with attention-deficit/hyperactivity disorder. Using person-first language, this would change to "the child who has ADHD."

It may understandably take some time and effort to get used to using person-first language, but the effort is worth it. Speaking and writing this way communicates that you define an individual by their whole person, not their disability.

It also conveys that you understand that someone is living *with* an issue—not that their disability or difference is their whole life.

From: https://www.valueablenetwork.eu/



## IN CELEBRATION OF DOWN SYNDROME



## **WORLD BASKETBALL CHAMPIONSHIP**

Extraordinary feat by the Italian national basketball team with Down syndrome: they are world champions!

The team coached by Giuliano Bufacchi is champion for the third time in a row after the 2018 and 2019 editions. In between, the European Championship won in 2021.

Fabio Tomao, Alessandro Greco, Davide Paulis, Andrea Rebichini, Alex Cesca, Francesco Leocata, Lorenzo Puliga and Chiara Vingione, the only woman on the roster. Leading them is coach Giuliano Bufacchi. They are the heroes of the Italian national basketball team with Down's syndrome, which in Portugal, in Madeira, was confirmed for the third consecutive time as the best in the world.

Award ceremony video: <a href="https://fb.watch/gFYbiXMF-V/">https://fb.watch/gFYbiXMF-V/</a>



## **NEWS FROM THE WORLD**



#### **INCLUSIVE WORKPLACES TOOLKIT**

The Inclusive Workplaces toolkit shows employers how to make their workplaces inclusive of people with intellectual disabilities. It includes clear guidance on taking action for accessible recruitment, hiring, communication at work, organisational policies, and more, and includes templates and useful resources for employers to implement in their workplaces.

Through the Inclusion Works project, Inclusion International asked employers what help and information they needed to make their workplaces more inclusive.

Employers told us that they needed tools and resources to ensure that they would have the knowledge and information to deliver good support to people with intellectual disabilities in their workplace.

People with intellectual disabilities told us what employers need to do differently to make their workplaces more inclusive.

The Inclusive Workplaces guide builds on these recommendations and call for inclusion from self-advocates to create a practical tool for employers on how they can take action to create workplaces that are fully inclusive of people with intellectual disabilities.

**Download (PDF, 1MB)** 



## **GOOD OPPORTUNITIES FOR EDSA MEMBERS**



16TH BE AN ARTIST - PLAY WITH ME

Dear Edsa partners,

for all those who have not yet managed to apply and submit the artworks, we have would like to kindly remind you, that the deadline for application is 1st of December.

As a part of the International festival year "Play with me" we organise a traditional art contest Be an artist - 16th International Art contest "Play with me". Be an artist is part of our year-round activities, which also the International Cultural and Art event "Play with me" and the International travelling exhibitions "Play with me". After receiving all the artworks, we will proceed to the opening exhibition.

We invite you to join us and participate by submitting your pupils' artworks. The main topics this year are: "PLAY WITH ME" and "FOREST, OUR FRIEND!"

Application forms for Be an artist – 16th International art contest "Play with me" are available only online <a href="here">here</a>. Application may be submitted until **December 1st, 20212** 

For additional information please contact us on:

- phone number 00386 31 459 600 (Every week from Monday to Friday between 12.00 and 2.00 pm)
- bodiumetnik@igrajsezmano.si

Good luck and take care!

Center Janeza Levca Ljubljana - Oddelek za projektne dejavnosti www.centerjanezalevca.si | www.igrajsezmano.eu

Društvo za kulturo inkluzije

www.drustvozakulturoinkluzije.eu



## PRIVATE FUNDING OPPORTUNITIES

## **FIT FOR LIFE AWARDS 2023**



## Grants for healthy aging

Every year, the Fit for Life Foundation awards grants of EUR 100,000 each to 3 non-profit organizations or social enterprises that are pioneering projects to promote lifelong fitness and health.

Winner will be announced during the awards ceremony that will take place in Geneva, Switzerland, in September/October 2023.

If your organization makes an impact on healthy aging for older (65+ years) or middle-aged people (45+ years), we would love to hear about your work.

Read more: <a href="https://www.fitforlife.foundation/awards-application">https://www.fitforlife.foundation/awards-application</a>



## MAKE THIS NEWSLETTER REALLY YOURS!

Have you got any news that we could publish in EDSA newsletter? Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

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## THE STAFF

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