

# **EUROPEAN DOWN SYNDROME ASSOCIATION**

INDEX

# 01 EDSA WEBINAR

03 RESEARCH ABOUT DOWN SYNDROME

04 WDSD 2023 -EDSA POSTER CAMPAIGN

06 WDSD'S IDEAS FROM EDSA MEMBERS

08 EU COMMISSION AWARDS

# **EDSA WEBINAR**



### Valueable network – A dream with deadlines

Date: Wednesday, 19 April 2023 17.00 – 18.00 h. CET, per Zoom Speaker: Paola Vulterini Translation: Croatian, Czech, French, German, Turkish and Ukrainian Registration Link: <u>https://us02web.zoom.us/webinar/register/3716806771014/WN\_HXiega9tRc-76kjJh2zsiw</u>

### Valueable - A perfect example of how job inclusion can succeed!

Thanks to funding from the European Commission through 4 Erasmus+ projects, the Valueable network was born in 2014 and is now operating in 7 countries.

Valueable is both a trademark and a European wide network of about 130 members which are hospitality companies (hotels, restaurants, coffee bars, fast food...) including people with intellectual disabilities within their workforce as trainees or as workers.

Many EDSA members are among its promoters and act as training and placement agencies. Since the beginning, the network provides its members with a set of tools aimed at facilitating job inclusion.

Valueable has been recognised as a good practice by the European Commission and by the International Labour Organisation. Last November it received the second prize of the Social Entrepreneurship World Competition in Tourism.

Paola Vulterini will talk about how this was done and how further EDSA members could join Valueable and find job inclusion opportunities for their associated.

Valueable: A trademark Valueable: A network – our history – our people – our tools – our proposals

Which will be the 8th Valueable country?



EUROPEAN DOWN SYNDROME ASSOCIATION



Paola Vulterini

#### **Biography**

Paola is a designer and manager of projects in favour of people with disabilities. Since obtaining her MA in Political Science with a focus on Disability Rights legislation from the University of Rome La Sapienza fourty years ago, she has been an ally of the Disability Rights Movement.

In 1985 – 1986 she worked at the Office of the European Commission in favour of people with disabilities. Since 2001, she is the head of the International Office of the Italian Association of People with Down Syndrome (AIPD); here, she has also promoted and managed projects aimed at training the leaders of European Down Associations on project design, in partnership with the European Down Syndrome Association (EDSA).

Paola's projects obtained European grants that allowed to enhance new programs directed at people with disabilities in the fields of job inclusion, exercise of political rights, training mobilities, tourism and art.

In addition, she has worked for the Italian Government on the improvement of the legal framework on disability issues, and has taught at the Universities of Roma Tre, la Sapienza and Foro Italico.

She currently manages the European Valueable network project. <u>www.valueablenetwork.eu</u>



# RESEARCH ABOUT DOWN SYNDROME down syndrome education international

discovering potential • transforming lives

### Down Syndrome Research Forum April 2023

The Down Syndrome Research Forum is an established, international meeting of researchers and practitioners interested in advances in our understanding of how to best meet the developmental and educational needs of children with Down syndrome. The event is sponsored by Down Syndrome Education International and hosted annually in partnership with researchers active in the field.

The Down Syndrome Research Forum 2023 will be held online on 27th and 28th April.

### Research Forum April 2023 >

### **Research Forum**

The Down Syndrome Research Forum offers a venue for academic researchers and professional practitioners to meet to share and discuss current research, recent findings and implications for practice.

The forum is usually well attended by researchers in the field and can be especially helpful for postgraduate students to share work in progress and seek support and advice from others working or interested in Down syndrome research. Specifically, we encourage students to give short presentations of their work even if they are only in the planning stage and provide opportunities for students to discuss their study plans with experts in the field.

### Topics

Presentations are accepted on a variety of topics relevant to understanding and improving the lives of people with Down syndrome. Usually the focus is on development and education but we also welcome papers on health issues relevant to development, family issues and adult issues. Presentations on methodology, translating research to practice, interventions and case studies are also welcome.

Researchers and postgraduate students from throughout the UK, Europe, and elsewhere are invited to attend. We also encourage contributions from education and healthcare professionals working with people with Down Syndrome. We also welcome parents of children with Down syndrome and others with an interest in the detail of current research.



## WDSD 2023 – EDSA POSTER CAMPAIGN

Dear EDSA members,

You might be all relaxing a bit now after all the WDSD-celebrations. This is a busy time for most of us.

Perhaps this was the reason that only a few of you participate in our last Webinar on March 22nd?

It was a pity because it was a very interesting topic and Prof Pep Ruf from Barcelona a good speaker with a lot of knowledge about the issue "Independent living".

The presentation of Prof. Pep Ruf has been published on the EDSA-Facebook page https://www.facebook.com/edsachannel/videos/219844253925743/

In a few days time the presentation will be published on the EDSA-Youtube Channel (also in different languages).

Our Poster Campaign With US Not For Us! started a bit slow in the beginning of March, as we did not have enough contributions at that time. But to the end we had even too many photos and we showed the posters from Belgium, France and one from Spain even up to March 24!

We have a nice collection now with examples how people with Down Syndrome do participate, that they do have an own voice and make own decisions.

Thanks to all who participate in this campaign, also for sharing the posters in your own social media!

All posters can be seen here: <u>https://www.edsa.eu/category/world-down-syndrome-</u> day/world-down-syndrome-day-2023/

Information about our next Webinar in April and first information about our this year AGA, autumn 2023 will follow soon.

Best regards,

Cora

04







### WDSD'S IDEAS FROM EDSA MEMBERS

#### NORWAY



Down Syndrome Norway has made a video on the occasion of World Down Syndrome Day - WDSD 2023.

They have a version with English text that can be shared in other countries.

The film with English subtitles can be downloaded here:

https://vimeo.com/spindelfilm/review/809684371/b7cdcc81aa

Nedlastningslink: https://we.tl/t-PQM8v2WY13

### **MOLDOVA**

The down association of Moldova wishes to share the video shot on the occasion of WDSD

https://www.youtube.com/watch?v=Iq3t69Ap6vI



#### UKRAINA



The down association of Ukraina wants to share the animated video made for the WDSD2023

https://youtu.be/zBVAoUPehos

#### ITALY



To celebrate World Day, the Italian Association of People with Down Syndrome (AIPD) organised an awareness-raising campaign on the theme 'With us, not for us' in collaboration with a popular Italian actor. This is the launch video for the campaign:

#### https://youtu.be/BuqYu1xclQs

This actor, together with a boy from the association, prepared a choreography that became a tutorial video for the flashmob that was organised in more than 25 Italian squares.

This is the tutorial video with the choreography:

#### https://youtu.be/\_WL0yL0eVNk

The flash mob was organised in more than 25 Italian cities between 18 and 21 March. This is the video of the flash mobs organised.

https://fb.watch/jxd3gKrAlx/



### **EU COMMISSION AWARDS**



#BeActive Awards 2023 now open for submission Submit your proposal for the #BeActive Awards!



The #BeActive Awards were created as a central part of the annual European Week of Sport. They aim to support projects and individuals that have successfully promoted sport and physical activity across Europe. The competition contributes to the promotion of the European Week of Sport, while showcasing best-practice projects, and spotlighting inspiring individuals for a pan-European audience.

Since 2015 the #BeActive Awards have recognised and celebrated outstanding initiatives at all levels - especially at local level - to promote sport and physical activity and encourage people to be active. The 2023 #BeActive Awards will feature the following four categories:



- **#BeActive Education Award.** This award shows how education can encourage children to be active outside the typical school-time sport/physical activities. This may include additional activities, sport days outside of class, after-school activities and other creative solutions that build an active educational environment.
- **#BeActive Workplace Award.** This award celebrates exemplary activities in the workplace that encourage employees to be more active. This may include all sorts of initiatives that take place during work time, at lunchtime or before/after work, and which promote an active working environment.
- **#BeActive Local Hero Award.** This award celebrates individual achievements in motivating others to be active. The award recognises individuals who have worked consistently to promote sport and/or physical activity in their local community or environment.
- **#BeActive Across Generations Award.** This award rewards projects that promote inter-generational sport, and underlines that everyone can benefit from activities that improve health and well-being. This may include the promotion of activities adapted to all generations, the promotion of healthy lifestyles across all generations, as well as easier access to sport and physical activities for all generations

The winner and the finalists (ranked 2nd and 3rd) in each category will receive awards to inspire other organisations and individuals around Europe. They will all be announced and showcased at the award ceremony where they receive their prizes.

The call for proposals has been published on the European Commission's <u>Funding &</u> <u>Tenders (europa.eu)</u> portal and you can **submit your entry by 25 May 2023** 17:00:00 Brussels time.



### **MAKE THIS NEWSLETTER REALLY YOURS!**

Have you got any news that we could publish in EDSA newsletter? Please send us any information you would like to announce and we shall be happy to disseminate it all over Europe!

CONTACTS phone: 0039 06 3723909 e-mail: internazionale@aipd.it

THE STAFF

Carlotta Leonori Paola Vulterini

